

Mountains To The Sea

- Sunday**
- 2:00-3:00 - Arrive, check in at the New River Outdoor Center
 - 3:00-4:00 - Orientation
 - 4:00-6:00 - Team Building
 - 6:00 - Supper
 - 7:00 - Issue gear, prepare for trip
 - Camp at New River Outdoor Center
- Monday**
- 8:00 - Breakfast
 - 9:00 - Depart for backpacking Area
 - 2:00 - Begin backpacking
 - Camp in area
- Tuesday**
- Continue backpacking
 - Camp
- Wednesday**
- Climb all Day
 - Camp in area
- Thursday**
- Drive to cave
 - Cave at cave
 - Drive to River
 - Camp at River
- Friday**
- Canoe lower River
 - Camp at River
- Saturday**
- White water rafting
 - Drive back to NROC
 - Camp at NROC
- Sunday**
- Drive to coast
 - Sailing orientation
 - Camp at designated area
- Monday**
- Spend day sailing
 - Camp at designated area
- Tuesday**
- Spend day sailing
 - Camp at designated area
- Wednesday**
- Sea Kayak in intracoastal waterway
 - Camp at designated area

- Thursday*** - Wind surfing on the Pamlico Sound
 (intracoastal waterway)
 - Camp at designated area
- Friday*** - Drive to NROC
 - Camp at NROC
- Saturday*** - Parents pick up between 9:00 AM - 11:00 AM

*Please note: The actual order and location of activities may vary due to availability of sites, weather conditions and other situations beyond our control.