

# SEEKERS

- SUNDAY** - Arrive @ Cheerio Adventures between 2:00pm and 4:00pm  
- Get to know other group members  
- Work on group cohesion

- MONDAY** - Kayak/canoe down section of the River  
- Camp along river

- TUESDAY** - Kayak/canoe down section of the River  
- Camp at NROC

- WEDNESDAY** - Canoe down section of the River  
- Camp at NROC

- THURSDAY** - Rafting  
- Camp at NROC

- FRIDAY** - Backpack  
- Camp in designated area

- SATURDAY** - Continue backpacking  
- Camp in designated area

- SUNDAY** - Climb and rappel all day  
- Camp in designated area

- MONDAY** - Backpack  
- Camp in designated area

- TUESDAY** - Drive to area of the Pisgah National Forest  
- Bike in area  
- Camp in designated area

- WEDNESDAY** - Bike in the area of the Pisgah National Forest  
- Camp in designated area

- THURSDAY** - Bike in the area of the Pisgah National Forest  
- Drive to cave  
- Camp in designated area

- FRIDAY** - Go caving all day  
- Return to NROC

- SATURDAY** - Participants get picked up between 9:00AM – 11:00AM

**PLEASE NOTE:** Due to various situations and conditions we may encounter, it may be necessary to change the order and/or location of activities.